



Dr. Syed Anayat Hussain

Physical Training Instructor.

Govt. Degree College, Ganderbal.

Department of Higher Education, Jammu & Kashmir.

Contact Information

📍 Dab, Sadat, Ganderbal, J& K,
P/C: 191131.

📞 9906924950, 7006710527.

✉️ syedinu14@gmail.com

Achievements

- JRF (Junior Research Fellowship) awarded on 24th June, 2012, (UGC)
- Qualified UGC-NET held on 24th June 2012.
- Qualified UGC-NET held on 30th December 2012.
- Qualified SET/SLET held in December, 2010 (Jammu University)
- Qualified SET/SLET held in December, 2018 (Kashmir University)
- Nominated for sports programme at University of Birmingham (UK).

• Best Research Paper Presentation Award -I

Theme: Gait Analysis (Normal & Pathological)

In: National Seminar on Promoting Physical Activity & Healthy Eating for a Healthier Nation.

Venue: Aligarh Muslim University

Date: 21st -22nd Nov, 2015.

Objective

Seeking a challenging job in the field of Physical Education & Sport where I can utilize my potential to full extent, grow professionally adapting to the trends in the field, and be beneficial for myself and for my organization.

Work Experience

- Physical Training Instructor :** Sept. 2018—Till Date
Govt. Degree College, Ganderbal.
- Lecturer (Physical Education) :** March, 2016--Sept.2018
Department of Youth Services & Sports, Jammu & Kashmir.
- Physical Education Teacher :** Feb,2010 -- March,2016
Department of Youth Services & Sports, Jammu & Kashmir.

• Research Experience

- **Ph.D.:** March 2014---April 2018.
Department of Physical Education, Aligarh Muslim University, Aligarh, U.P.
- Currently working in the area of GAIT ANALYSIS ,
Work entitled as "**Biomechanical Analysis of Running Gait of School Children**".

Professional Experience

- **Organizing member, National Seminar on Physical Education & Interdisciplinary studies, organized by Department of Physical education, AMU, Aligarh, held on 13-14 February 2015.**
- **Organizing member, National Seminar on Promoting Physical Activity & Healthy Eating for A Healthier Nation, organized by Department of Physical Education, AMU, Aligarh on 21-22, November, 2015.**

- **Best Research Paper Presentation Award -II**

Theme: Athletic & Pathological Cardiac Hypertrophy.

In: National Conference on Physical Education & Interdisciplinary Studies.

Venue: Aligarh Muslim University

Date: 13th -14th February 2016.

Expertise

- Motion Analysis 2D.
- Motion Analysis 3D.
- Gait Analysis.
- Silicon Coach7 pro. Motion Analysis Software.
- Max TRAQ Motion Analysis Software.
- Xilisoft Video Converter Software.

Subject Specialization

- Exercise Physiology.
- Sports Biomechanics.
- Anatomy & Physiology.
- Research Methodology

- **Organizer**, Dr. Kabir Shah Khan Open Basketball Championship (Men), organized by Department of Physical Education, AMU, Aligarh from 16th to 21st November, 2015.
- **Organizing member**, State level Tennis Ball Cricket, organized by Department of Youth Services & Sports, Jammu & Kashmir, from 13th to 14th December, 2016.
- **Resource Person**, One Day National Level Workshop on Anti-Doping Awareness organized by Directorate of Physical Education & Sports, University of Kashmir in Collaboration with **National Anti Doping Agency (NADA)** on 20th June, 2019.
- **Technical/Industrial Expert**, In Board of Studies meeting for up-gradation of Curriculum of PG programme in Physical Education, Central University of Kashmir, Ganderbal held on 23rd November, 2020.
- **Member, Board of Studies**, in Directorate of Physical Education & Sports, University of Kashmir for undergraduate Programme in Physical Education.
- **Member, Board of Studies**, in Department of Physical Education Central University of Kashmir, for Post-graduate Programme in Physical Education.
- **Organizing Secretary**, Inter College Volleyball (Women's) organized by the Department of Physical Education & Sports, GDC, Ganderbal sponsored by the Deptt. of Higher Education, J & K, from 25th Feb to 13th March, 2020.
- **Organizing Secretary**, Inter College Volleyball (Women's) organized by the Department of Physical Education & Sports, GDC, Ganderbal sponsored by the Deptt. of Higher Education, J & K, from 2nd March to 16th March, 2021.
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Administrative Experience

- **Returning Officer (RO)**, for conduct of Panchayat Elections, 2018 in Block Lar, District Ganderbal, from 25th October 2018 to 15th December, 2018.
- **Returning Officer (RO)**, for conduct of Bye-Election to Panchayast, 2020 in Block Lar, District Ganderbal, from 12th November 2020.

Academics.

COURSE	BOARD/ UNIVERSITY	MARKS OBTAINED	% AGE OF MARKS	GRADE
Ph.D.	ALIGARH MUSLIM UNIVERSITY	AWARDED APRIL ,2018	x	A
M.P.Ed	KASHMIR UNIVERSITY	1200/1600	75.00	Distn.
B.P.Ed	KASHMIR UNIVERSITY	906/1200	75.50	Distn.
B.Sc.	KASHMIR UNIVERSITY	1093/1800	60.72	Ist Div.
12th	JKBOSE	391/600	65.16	Ist Div.
10th	JKBOSE	337/600	67.40	Ist Div.

S.NO	TITLE OF PAPER	TITLE OF JOURNAL/ BOOK	VOLUME PAGE NO	YEAR	IMPACT FACTOR	IC VALUE	ISSN/ ISBN	STATUS	REF/NON-REF	AUTHOR I	AUTHOR II	AUTHOR III
1	Exercise Physiology (A Bio-Chemical Perspective)	BOOK Khel Sahitya Kendra Publications, New Delhi	1st	2021	--	--	ISBN: 978-93-90461-19-6	National	--	Dr. syed Anayat Hussain	Dr. Hertaj Singh	Dr. Surjeet Singh
2	Biomechanical Analysis of Spatio-temporal gait factors in determining gender gait maturation in school Children	International Journal of Physiology, Nutrition And Physical education	Volume 6, Issue 1 Page No. 65-70	Jan-Feb, 2021	5.43	--	ISSN: 2456-0057	International	Refereed, Indexed & Peer Reviewed	Dr. syed Anayat Hussain	Dr. Surjeet Singh	Sarfaraz Hussain Malik
3	Dietry And Physical Activity Counselling In the Prevention of Type 2 Diabetes.	International Journal of Current Research.	Volume 9, Issue 12, Page No. 62075-62078.	December 2017	7.086	--	ISSN: 0975-833X	International	Refereed, Indexed & Peer Reviewed	Syed Anayat Hussain	Saba Bashir	x
4	Gait Cycle Duration: A Determining Factor of Gait Maturity in Children.	International Journal of Current Research & Review	Volume 9, Issue 6, Page No 40-43	March 2017	4.016	71.54	ISSN: 0975-5241	International	Refereed, Indexed & Peer Reviewed	Syed Anayat Hussain	Prof. Ikram Hussain	x
5	Influence of Spatio-Temporal Parameters on Gait Speed in School Children.	International Journal of Advanced Research	Volume 4, Issue 4, Page No 768-772	April 2016	6.118	56.43	ISSN: 2320-5407	International	Refereed, Indexed & Peer Reviewed	Syed Anayat Hussain	Prof. Ikram Hussain	Fuzail Ahmad
6	Influence of Body Kinematics on Tennis Serve	European Academic Research	Volume 3, Issue 1, Page No 238-248	April 2015	3.4546	DRJI Value: 5.9	ISSN: 2286-4822	International	Refereed, Indexed & Peer Reviewed	Syed Anayat Hussain	Prof. Ikram Hussain	Fuzail Ahmad
7	Kinematics of Usain Bolts' 100 mts Performance: A Review	International Journal for Research in Applied Science & Engineering Technology	Volume 4, Issue 11, Page No 162-165	Nov. 2016	5.969	45.98	ISSN: 2321-9653	International	Refereed, Indexed & Peer Reviewed	Tawseef Ahmad bhat	Prof. Ikram Hussain	Syed Anayat Hussain

8	Mechanical Efficiency in Tennis Serve	Sports , Health And Sports Economics	1st Edition, Page No 508-513	March 2015	x	x	ISBN: 978-93-80748-86-3	International	x	Syed Anayat Hussain	Prof. Ikram Hussain	Fuzail Ahmad
9	Athletic And Pathological Cardiac Hypertrophy	Journal of Physical Education Research	Special Issue I, Page No 242-246	Feb, 2016	0.765	x	ISSN: 2394-4048	International	Refereed, Indexed & Peer Reviewed	Syed Anayat Hussain	Sarfaraz Hussain Malik	Tawseef Ahmad bhat
10	Gait Analysis: Normal And Pathological	Promoting Physical Activity & Healthy Eating for A Healthier Nation	1st Edition, Page No 212-216	Nov, 2015	x	x	ISBN: 978-93-84434-09-0	National	x	Syed Anayat Hussain	x	x

Papers Presented In Conference/ Seminars.

S.NO	TITLE OF PAPER	CONFERENCES / SEMINARS	YEAR	VENUE	ISSN/ ISBN	STATUS	AUTHOR I	AUTHOR II	AUTHOR III
1	Cardiac Hypertrophy: An Insight	Global Scientific Conference on Physical Education, Health & Sports Sciences (GLOPEHSS)	Jan 2014	Guru Nanak Dev University, Amritsar, Punjab(INDIA)	ISBN: 978-93-8014-515-0	International	Syed Anayat Hussain	Sarfaraz Hussain Malik	Tawseef Ahmad bhat
2	Comparative Study of Effects of Different Durations of Warming UP on Selected Physical Fitness Components of Volley Ball Players	International Conference on Futuristic Trends in Physical Education (ICFTPE)	Jan 2013	Punjabi University , Patiala, Punjab (INDIA)	ISBN: 978-93-80144-79-9	International	Sarfaraz Hussain Malik	Syed Anayat Hussain	Shahnawaz Alam.
3	A Study of infrastructural Facilities, Playing Surfaces & Sports Programmes in Schools of Selected Districts Of Kashmir	National Conference on Wellness Through Physical Activity: Future Prespective	Jan 2014	Punjabi University , Patiala, Punjab (INDIA)	ISBN: 978-93-8014-512-9	National	Tawseef Ahmad bhat	Syed Anayat Hussain	Sarfaraz Hussain Malik
4	Yoga as a Way of Living Style	International Conference on, " Leadership Training and Job Opportunities In Recreational Sports At Global Level	March 2014	Sant Gadge Baba Amravati University, Amravati, Maharastra (INDIA)		International	Tawseef Ahmad bhat	Syed Anayat Hussain	Sarfaraz Hussain Malik

5	Body Characteristics and Gait Cycle Duration In Five Year Old Children	International Congress on Sports Science and Yoga(ICSSY)	Feb 2017	Vigyan Bhawan, New Delhi (INDIA) organized by LNIPE, Gwalior & Ministry of Youth Affairs & Sports, Govt. of India.	International	Syed Anayat Hussain	Prof. Ikram Hussain	x
6	Biomechanical Analysis of Spatio-Temporal Gait Factors in Determining Gender Gait Maturation in School Children.	International Conference on Psychology in Contemporary Sports, Health and Fitness Perspective	Nov 2019	Punjabi University, Patiala, Punjab (INDIA)	International	Dr. Syed Anayat Hussain		

Workshops Attended

S.NO	TITLE OF WORKSHOP	CONDUCTED DURING	DURATION	YEAR	VENUE
1	Syllabus Up-gradation workshop for PG and UG programmes in Physical Education of University of Kashmir.	x	5 Days	Oct 2020	Directorate of Physical Education & Sports, University of Kashmir
2	Anti-Doping Awareness	x	One Day	June 2019	Directorate of Physical Education & Sports, University of Kashmir
3	National Workshop on Research methodology	x	Seven days	Feb 2018	Aligarh Muslim University, U.P (INDIA)
4	Officiating & Coaching Skills	x	Seven Days	Nov 2016	Aligarh Muslim University, U.P (INDIA)

5	Role of NDT in Hemiplegia.	National Seminar on Promoting Physical Activity & Healthy Eating for A Healthier Nation	Two Days	Nov 2015	Aligarh Muslim University, U.P (INDIA)
6	Sports Psychology	International Conference on Sports , Health And Sports Economics	Two Days	March 2015	Guru Nanak Dev University, Amritsar, Punjab(INDIA)
7	Drug Abuse Awareness	×	Four Days	Jan 2014	Department of Psychiatry. Govt. Medical College, Sringer

Short Term Courses Attended

S.NO	TITLE OF COURSE	CONDUCTED BY	DURATION	YEAR	VENUE
1	School Safety	×	Three days	Dec 2017	J&K Institute of Management Public Administration & Rural Development, (IMPA) M.A Road, Srinagar
2	Your Health Wellbeing	UGC Academic Staff College, AMU	Seven Days	Dec 2014	Aligarh Muslim University, U.P (INDIA)
3.	Basics of Information Technology	Asian Softwares Computer Education	Six Months	June 2003	Ganderbal, Kashmir, J & K.

4.	Basic Course in Scout Masters	Jammu And Kashmir State Bharat Scouts & Guides, Srinagar.	Five days	Dec 2010	Youth Hostel, Srinagar
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Sports Participation

S.NO	GAME/SPORT	CHAMPIONSHIP	LEVEL	YEAR	VENUE	MERIT
1	Taekwondo	All India Taekwondo Federation Cup	National	April 2012	Pestle Weed College, Dehradun, Uttrakhand (INDIA)	Participation
2	Skiing & Mountaineering	Indian Institute of Skiing & Mountaineering.	Basic Course	March 2006	Gulmarg, Kashmir J & k	A-Grade
3	Sepak Takraw	District Sepak Takraw Association	State	Oct 2001	Polo Groung, Srinagar, Kashmir J & K	Winner
4	Thang-Ta	State Thang-Ta championship	State	July 2001	Bakhshi Stadium, Srinagar, Kashmir J & k.	Participation

Declaration

I hereby declare that the above-mentioned particulars are true to the best of my knowledge.

Place: Ganderbal.
Dated: 30-09-2021

Signature