**Faculty Member Profile**

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*(Govt. degree College Ganderbal)*

1. Name : ESHRAT ARA

1. Parentage : Mohd Aslam Bhat
2. Date of Birth : 04/03/1989
3. Marital Status : Unmarried
4. Residential Address : Nowshera, Srinagar, 190011
5. Contact no: 9797825472 Email:­­­­­­­­ eshrataslam@gmail.com
6. Name of the Department: Department of Psychology
7. Designation: Academic Arrangement Lecturer
8. Courses taught at:

UG level: General Psychology, Social Psychology, Research Methodology

1. Educational qualifications:

|  |  |  |  |
| --- | --- | --- | --- |
| **Qualification/Degree** | **Subject** | **University** | **Year of Passing** |
| B A | Arts | University of Kashmir | 2009 |
| MA | Psychology | University of Kashmir | 2012 |
| PhD | Psychology | University of Kashmir | 2017 |

1. Service rendered in different Colleges:(Attach Experience Certificate)

|  |  |  |  |
| --- | --- | --- | --- |
| **College/University** | **From** | **to** | **No. of Years/Months** |
| GDC Ganderbal | April 2016 | March 2017 |  |
| GDC Ganderbal | April 2017 | March 2018 |  |
| GDC Ganderbal | April 2018 | Till date |  |

1. Innovative processes developed in teaching and learning eg. PPTs, Study material, video lectures, Smarts Boards used etc. : Study Material
2. **Research, Scholarly, Professional and Scientific Activity (Give details as per format)**

Total Research experience: PhD

No. of publications in peer-reviewed journals: 12

1. Participation in Conferences/ Symposia/ Workshops/ Seminars: (Attach list)

No. of Conferences attended: 2

No. of Seminars attended: 2

No. of Workshops attended: 2

1. Major Areas of Interest: Indigenous Psychology, Social Psychology, Counseling Psychology.

 Sign. Of facult

**Format for Research, Scholarly, Professional and Scientific Activity**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| S. No. | Name of Conference/ Seminar etc. | Organized by | Dates and Year | National/International/State/University level | Attended/Paper presented/Chaired session/Resource person etc. |
| **1** | *Two-Day International Seminar on “Spirituality and Social Justice in Islam: Challenges and Prospects* | Shah-i-Hamadan Institute of Islamic Studies, University of Kashmir | 16-17 March, 2019 | *International* | Paper Presented |
| **2** | *Hands on IQ Testing* | Department of Psychiatry, Govt. Medical College Srinagar | 18-August-2018 | University level | Participated |
| **3** | *Ist International Conference on Recent Developments in Science, Humanities & Management* | Amar Singh College Cluster University, Srinagar | 17th - 18th April, 2018 | International | Presented |
| **4** | *Two Day National Seminar on Quranic Perspective on knowledge, Education and Development* | Shah-i-Hamadan Institute of Islamic Studies, University of Kashmir | 14-15 March.  | National | Participated |
| **5** | *40th Annual Conference of Indian Psychiatric Society North Zone* |  Institute of Mental Health and Neuroscience, Srinagar  | 3rd & 4th Oct 2015 | National | Presented |
| **6** | *Mental Health Gap Training Programme (mhGAP)* | Royal College of Psychiatry London in collaboration with Institute of Mental Health and Neuroscience Srinagar  | 6th Aug to 8th Aug 2014 |  | Participated |

 Sign. Of faculty

**PUBLICATIONS**

1. “Indigenous Psychology: Toward New Horizons of Possibility for Understanding Human Behaviour” in *International Journal of Movement Education and Social Science* (IF 4.318), Volume 7, Sp. Issue 01 (Jan-Jun 2018). Available at: www.ijmess.org
2. “Behavioural Problem Scale (BPS): Construction and Validation” in *The International Journal of Indian Psychology* (IF 3.3), Volume 6, Issue 1 (Jan 2018). DOI: 10.25215/0601.020
3. “Exploring Factors: Made Easy” in *International Journal of Applied Research* (Impact factor 5.2), Volume 3, Issue 12 (Dec 2017). Available at [www.allresearchjournal.com](http://www.allresearchjournal.com)
4. “Exploring Data in Behavioural Science” in *International Journal of Research in Economics and Social Sciences* (Impact factor 6.939), Volume 7, Issue 2 (Feb 2017). Available at: www.euroasiapub.org
5. “Mental States in Women: The Role of Family” in *International Journal of Advanced Research* (Impact factor 5.336), Volume 5, issue 01(January 2017). Available at: www.journalijar.com