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| C:\Users\enayat\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Word\e.16711.jpg  Contact Information  Dab, Sadat, Ganderbal, J& K,  P/C: 191131.  9906924950, 7006710527.  syedinu14@gmail.com  Achievements   * JRF (Junior Research Fellowship) awarded on 24th June, 2012, (UGC) * Qualified UGC-NET held on 24th June 2012. * Qualified UGC-NET held on 30th December 2012. * Qualified SET/SLET held in December, 2010 (Jammu University) * Qualified SET/SLET held in December, 2018 (Kashmir University) * Nominated for sports programme at University of Birmingham (UK). * **Best Research Paper Presentation Award -I**   **Theme:** Gait Analysis (Normal & Pathological)  **In:** National Seminar on Promoting Physical Activity & Healthy Eating for a Healthier Nation.  **Venue:** Aligarh Muslim University  **Date:** 21st -22nd Nov, 2015.   * **Best Research Paper Presentation Award -II**   **Theme:** Athletic & Pathological Cardiac Hypertrophy.  **In:** National Conference on Physical Education & Interdisciplinary Studies.  **Venue:** Aligarh Muslim University  **Date:** 13th -14th February 2016.  Expertise   * Motion Analysis 2D. * Motion Analysis 3D. * Gait Analysis. * Silicon Coach7 pro. Motion Analysis Software. * Max TRAQ Motion Analysis Software. * Xilisoft Video Converter Software.   Subject Specialization   * Exercise Physiology. * Sports Biomechanics. * Anatomy & Physiology. * Research Methodology | |  | | --- | | Dr. Syed Anayat Hussain  Physical Training Instructor.  Govt. Degree College, Ganderbal.  Department of Higher Education, Jammu & Kashmir. | | Objective | | Seeking a challenging job in the field of Physical Education & Sport where I can utilize my potential to full extent, grow professionally adapting to the trends in the field, and be beneficial for myself and for my organization. |  |  | | --- | | Work Experience | | Physical Training Instructor : Sept. 2018—Till Date  Govt. Degree College, Ganderbal.  Lecturer (Physical Education) : March, 2016--Sept.2018  Department of Youth Services & Sports, Jammu & Kashmir.  Physical Education Teacher : Feb,2010 -- March,2016  Department of Youth Services & Sports, Jammu & Kashmir.   * **Ph.D.:** **March 2014---April 2018.**  |  | | --- | | * Research Exprience |   Department of Physical Education, Aligarh Muslim University, Aligarh, U.P.   * Currently working in the area of GAIT ANALYSIS ,  |  | | --- | | Professional Exprience |   Work entitled as ***“Biomechanical Analysis of Running Gait of School Children”.***   * ***Organizing member,*** *National Seminar on Physical Education & Interdisciplinary studies, organized by Department of Physical education, AMU, Aligarh, held on 13-14 February 2015.* * ***Organizing member,*** *National Seminar on Promoting Physical Activity & Healthy Eating for A Healthier Nation, organized by Department of Physical Education, AMU, Aligarh on 21-22, November, 2015.* * ***Organizer,*** *Dr. Kabir Shah Khan Open Basketball Championship (Men), organized by Department of Physical Education, AMU, Aligarh from 16th to 21st November, 2015.* * ***Organizing member,*** *State level Tennis Ball Cricket, organized by Department of Youth Services & Sports, Jammu & Kashmir, from 13th to 14th December, 2016.* * ***Resource Person,*** *One Day National Level Workshop on Anti-Doping Awareness organized by Directorate of Physical Education & Sports, University of Kashmir in Collaboration with* ***National Anti Doping Agency (NADA)****on 20th June, 2019.* * ***Technical/Industrial Expert,*** *In Board of Studies meeting for up-gradation of Curriculum of PG programme in Physical Education, Central University of Kashmir, Ganderbal held on 23rd November, 2020.* * ***Member, Board of Studies,*** *in Directorate of Physical Education & Sports, University of Kashmir for under-graduate Programme in Physical Education.* * ***Member, Board of Studies,*** *in Department of Physical Education Central University of Kashmir, for Post-graduate Programme in Physical Education.* * ***Organizing Secretary,*** *Inter College Volleyball (Women’s’) organized by the Department of Physical Education & Sports, GDC, Ganderbal sponsored by the Deptt. of Higher Education, J & K, from 25th Feb to 13th March, 2020.* * ***Organizing Secretary,*** *Inter College Volleyball (Women’s’) organized by the Department of Physical Education & Sports, GDC, Ganderbal sponsored by the Deptt. of Higher Education, J & K, from 2nd March to 16th March, 2021.*  |  | | --- | | Administrative Exprience |  * ***Returning Officer (RO),*** *for conduct of Panchayat Elections, 2018 in Block Lar, District Ganderbal, from 25th October 2018 to 15th December, 2018.* * ***Returning Officer (RO),*** *for conduct of Bye-Election to Panchayast, 2020 in Block Lar, District Ganderbal, from 12th November 2020.*  |  | | --- | | Academics. |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | **COURSE** | **BOARD/**  **UNIVERSITY** | **MARKS OBTAINED** | **% AGE OF MARKS** | **GRADE** | | **Ph.D.** | ALIGARH MUSLIM UNIVERSITY | AWARDED  APRIL ,2018 | x | A | | **M.P.Ed** | KASHMIR UNIVERSITY | 1200/1600 | 75.00 | Distn. | | **B.P.Ed** | KASHMIR UNIVERSITY | 906/1200 | 75.50 | Distn. | | **B.Sc.** | KASHMIR UNIVERSITY | 1093/1800 | 60.72 | Ist Div. | | **12th** | JKBOSE | 391/600 | 65.16 | Ist Div. | | **10th** | JKBOSE | 337/600 | 67.40 | Ist Div. | | |

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| Publications |

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| **S.NO** | **TITLE OF PAPER** | **TITLE OF JOURNAL/**  **BOOK** | **VOLUMEPAGE NO** | **YEAR** | **IMPACT FACTOR** | **IC VALUE** | **ISSN/**  **ISBN** | **STATUS** | **REF/NON-REF** | **AUTHORI** | **AUTHOR II** | **AUTHOR III** |
| **1** | **Exercise Physiology**  **(A Bio-Chemical Perspective)** | BOOK  Khel Sahitya Kendra Publications, New Delhi | 1st | 2021 | -- | -- | ISBN: 978-93-90461-19-6 | National | **--** | **Dr. syed Anayat Hussain** | Dr. Hertaj Singh | Dr. Surjeet Singh |
| **2** | **Biomechanical Analysis of Spatio-temporal giat factors in determining gender gait maturation in school Children** | International Journal of Physiology, Nutrition And Physical education | Volume 6, Issue 1  Page No. 65-70 | Jan-Feb, 2021 | 5.43 | -- | ISSN: 2456-0057 | International | Refereed, Indexed & Peer Reviewed | **Dr. syed Anayat Hussain** | Dr. Surjeet Singh | Sarfaraz Hussain Malik |
| **3** | **Dietry And Physical Activity Counselling In the Prevention of Type 2 Diabetes.** | International Journal of Current Research**.** | Volume 9, Issue 12, Page No. 62075-62078. | December 2017 | 7.086 | -- | ISSN:  0975-833X | International | Refereed, Indexed & Peer Reviewed | **Syed Anayat Hussain** | Saba Bashir | x |
| **4** | **Gait Cycle Duration: A Determining Factor of Gait Maturity in Children.** | International Journal of Current Research & Review | Volume 9, Issue 6,Page No 40-43 | March  2017 | 4.016 | 71.54 | ISSN:  0975-5241 | International | Refereed, Indexed & Peer Reviewed | **Syed Anayat Hussain** | Prof. Ikram Hussain | × |
| **5** | **Influence of Spatio-Temporal Parameters on Gait Speed in School Children.** | International Journal of Advanced Research | Volume 4, Issue 4,Page No 768-772 | April 2016 | 6.118 | 56.43 | ISSN: 2320-5407 | International | Refereed, Indexed & Peer Reviewed | **Syed Anayat Hussain** | Prof. Ikram Hussain | Fuzail Ahmad |
| **6** | **Influence of Body Kinematics on Tennis Serve** | European Academic Research | Volume 3, Issue 1,Page No 238-248 | April  2015 | 3.4546 | DRJI Value: 5.9 | ISSN: 2286-4822 | International | Refereed, Indexed & Peer Reviewed | **Syed Anayat Hussain** | Prof. Ikram Hussain | Fuzail Ahmad |
| **7** | **Kinematics of Usain Bolts' 100 mts Performance: A Review** | International Journal for Research in Applied Science & Engineering Technology | Volume 4, Issue 11,Page No 162-165 | Nov.  2016 | 5.969 | 45.98 | ISSN: 2321-9653 | International | Refereed, Indexed & Peer Reviewed | Tawseef Ahmad bhat | Prof. Ikram Hussain | **Syed Anayat Hussain** |
| **8** | **Mechanical Efficiency in Tennis Serve** | Sports , Health And Sports Economics | 1st Edition, Page No 508-513 | March2015 | × | × | ISBN: 978-93-80748-86-3 | International | × | **Syed Anayat Hussain** | Prof. Ikram Hussain | Fuzail Ahmad |
| **9** | **Athletic And Pathological Cardiac Hypertrophy** | Journal of Physical Education Research | Special Issue I, Page No 242-246 | Feb, 2016 | 0.765 | × | ISSN: 2394-4048 | International | Refereed, Indexed & Peer Reviewed | **Syed Anayat Hussain** | Sarfaraz Hussain Malik | Tawseef Ahmad bhat |
| **10** | **Gait Analysis: Normal And Pathological** | Promoting Physical Activity & Healthy Eating for A Healthier Nation | 1st Edition, Page No 212-216 | Nov, 2015 | × | × | ISBN: 978-93-84434-09-0 | National | × | **Syed Anayat Hussain** | × | × |

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| Papers Presented In Conference/ Seminars. |

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| **S.NO** | **TITLE OF PAPER** | **CONFERENCEs/**  **SEMINARS** | **YEAR** | **VENUE** | **ISSN/**  **ISBN** | **STATUS** | **AUTHOR**  **I** | **AUTHORII** | **AUTHORIII** |
| **1** | **Cardiac Hypertrophy: An Insight** | Global Scientific Conference on Physical Education, Health & Sports Sciences  (GLOPEHSS) | Jan  2014 | Guru Nanak Dev University, Amritsar, Punjab(INDIA) | ISBN:  978-93-8014-515-0 | International | **Syed Anayat Hussain** | Sarfaraz Hussain Malik | Tawseef Ahmad bhat |
| **2** | **Comparative Study of Effects of Different Durations of Warming UP on Selected Physical Fitness Components of Volley Ball Players** | International Conference on Futristic Trends in Physical Education (ICFTPE) | Jan  2013 | Punjabi University , Patiala, Punjab (INDIA) | ISBN:  978-93-80144-79-9 | International | Sarfaraz Hussain Malik | **Syed Anayat Hussain** | Shahnawaz Aalam. |
| **3** | **A Study of infrastructural Facilities, Playing Surfaces & Sports Programmes in Schools of Selected Districts Of Kashmir** | National Conference on Wellness Through Physical Activity: Future Prespective | Jan  2014 | Punjabi University , Patiala, Punjab (INDIA) | ISBN:  978-93-8014-512-9 | National | Tawseef Ahmad bhat | **Syed Anayat Hussain** | Sarfaraz Hussain Malik |
| **4** | **Yoga as a Way of Living Style** | International Conference on, “ Leadership Training and Job Opportunities In Recreational Sports At Global Level | March  2014 | Sant Gadge Baba Amravati University, Amravati, Maharastra (INDIA) |  | International | Tawseef Ahmad bhat | **Syed Anayat Hussain** | Sarfaraz Hussain Malik |
| **5** | **Body Characteristics and Gait Cycle Duration In Five Year Old Children** | International Congress on Sports Science and Yoga(ICSSY) | Feb  2017 | Vigyan Bhawan, New Delhi (INDIA) organized by  LNIPE, Gwalior & Ministry of Youth Affairs & Sports, Govt. of India. |  | International | **Syed Anayat Hussain** | Prof. Ikram Hussain | × |
| **6** | **Biomechanical Analysis of Spatio-Temporal Gait Factors in Determining Gender Gait Maturation in School Children.** | International Conference on Psychology in Contemporary Sports, Health and Fitness Perspective | Nov  2019 | Punjabi University , Patiala, Punjab (INDIA) |  | International | **Dr. Syed Anayat Hussain** |  |  |

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| Workshops Attended |

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| **S.NO** | **TITLE OF WORKSHOP** | **CONDUCTED DURING** | **DURATION** | **YEAR** | **VENUE** |
| **1** | **Syllabus Up-gradation workshop for PG and UG programmes in Physical Education of University of Kashmir.** | x | 5 Days | Oct  2020 | Directorate of Physical Education & Sports, University of Kashmir |
| **2** | **Anti-Doping Awarness** | x | One Day | June  2019 | Directorate of Physical Education & Sports, University of Kashmir |
| **3** | **National Workshop on Research methodology** | x | Seven days | Feb  2018 | Aligarh Muslim University, U.P (INDIA) |
| **4** | **Officiating & Coaching Skills** | × | Seven Days | Nov  2016 | Aligarh Muslim University, U.P (INDIA) |
| **5** | **Role of NDT in Hemiplegia.** | National Seminar on Promoting Physical Activity & Healthy Eating for A Healthier Nation | Two Days | Nov  2015 | Aligarh Muslim University, U.P (INDIA) |
| **6** | **Sports Psychology** | International Conference on Sports , Health And Sports Economics | Two Days | March  2015 | Guru Nanak Dev University, Amritsar, Punjab(INDIA) |
| **7** | **Drug Abuse Awareness** | × | Four Days | Jan  2014 | Department of Psychiatry.  Govt. Medical College, Sringar |

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| Short Term Courses Attended |

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| **S.NO** | **TITLE OF COURSE** | **CONDUCTED BY** | **DURATION** | **YEAR** | **VENUE** |
| **1** | **School Safety** | × | Three days | Dec  2017 | J&K Institute of Management Public Administration & Rural Development, (IMPA)  M.A Road, Srinagar |
| **2** | **Your Health Wellbeing** | UGC Academic Staff College, AMU | Seven Days | Dec  2014 | Aligarh Muslim University, U.P (INDIA) |
| **3.** | **Basics of Information Technology** | Asian Softwares Computer Education | Six Months | June  2003 | Ganderbal, Kashmir, J & K. |
| **4.** | **Basic Course in Scout Masters** | Jammu And Kashmir State Bharat Scouts & Guides, Srinagar. | Five days | Dec  2010 | Youth Hostel, Srinagar |

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| Sports Participation |

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| **S.NO** | **GAME/SPORT** | **CHAMPIONSHIP** | **LEVEL** | **YEAR** | **VENUE** | **MERIT** |
| **1** | **Taekwondo** | All India Taekwondo Federation Cup | National | April  2012 | Pestle Weed College, Dehradun, Uttrakhand (INDIA) | Participation |
| **2** | **Skiing & Mountaineering** | Indian Institute of Skiing & Mountaineering. | Basic Course | March  2006 | Gulmarg, Kashmir  J & k | A-Grade |
| **3** | **Sepak Takraw** | District Sepak Takraw Association | State | Oct  2001 | Polo Groung, Srinagar, Kashmir  J & K | Winner |
| **4** | **Thang-Ta** | State Thang-Ta championship | State | July  2001 | Bakhshi Stadium, Srinagar, Kashmir  J & k. | Participation |

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| Declaration |

I hereby declare that the above-mentioned particulars are true to the best of my knowledge.

**Place:** Ganderbal.

**Dated:** 30-09-2021 Signature